

CMAC Water Polo 2009 Schedule



Wed, Sep 30 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Thu, Oct 1 – Water Polo Swim Practice 7:00-8:30 PM

Fri, Oct 2 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 7:00-8:00 PM

Sat, Oct 3 – Speedo Cup Qualifier Tournament in Greenwich, CT @ Greenwich YMCA – 14 & Under Boys and Girls / Landon Golden Bear Classic @ Holton-Arms School – High School Boys and Girls

Sun, Oct 4 – Speedo Cup Qualifier Tournament in Greenwich, CT @ Greenwich YMCA – 14 & Under Boys and Girls / Landon Golden Bear Classic @ Holton-Arms School – High School Boys and Girls

Mon, Oct 5 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Tue, Oct 6 – Water Polo Swim Practice 7:00-8:30 PM

Wed, Oct 7 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Thu, Oct 8 – Water Polo Swim Practice 7:00-8:30 PM

Fri, Oct 9 - OFF

Sat, Oct 10 – OFF

Sun, Oct 11 – OFF

Mon, Oct 12 – OFF Columbus Day Holiday

Tue, Oct 13 – Water Polo Swim Practice 7:00-8:30 PM

Wed, Oct 14 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Thu, Oct 15 – Water Polo Swim Practice 7:00-8:30 PM

Fri, Oct 16 – Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 7:00-8:00 PM / Cardinal Tournament in Greenwich, CT – High School Boys TBA

Sat, Oct 17 – Cardinal Tournament in Greenwich, CT – High School Boys TBA

Sun, Oct 18 – OFF

Mon, Oct 19 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Tue, Oct 20 – Water Polo Swim Practice 7:00-8:30 PM

Wed, Oct 21 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Thu, Oct 22 – Water Polo Swim Practice 7:00-8:30 PM

Fri, Oct 23 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 7:00-8:00 PM

Sat, Oct 24 – Annapolis Classic @ Naval Academy – All groups

Sun, Oct 25 – Annapolis Classic @ Naval Academy – All groups

Mon, Oct 26 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Tue, Oct 27 – Water Polo Swim Practice 7:00-8:30 PM

Wed, Oct 28 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Thu, Oct 29 – Water Polo Swim Practice 7:00-8:30 PM

Fri, Oct 30 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 7:00-8:00 PM

Sat, Oct 31 – OFF

Sun, Nov 1 – OFF

CMAC Water Polo 2009 Schedule



Mon, Nov 2 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM /
Parent / Athlete Meeting @ 7:30 PM

Tue, Nov 3 – Water Polo Swim Practice 7:00-8:30 PM

Wed, Nov 4 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Thu, Nov 5 – Water Polo Swim Practice 7:00-8:30 PM

Fri, Nov 6 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 7:00-8:00 PM

Sat, Nov 7 – Mid-Atlantic Coast Championship Tournament – JV and Girls Teams @ CMRC

Sun, Nov 8 – Mid-Atlantic Coast Championship Tournament – JV and Girls Teams @ CMRC

Mon, Nov 9 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Tue, Nov 10 – Water Polo Swim Practice 7:00-8:30 PM

Wed, Nov 11 - Youth/Junior Teams Practice 6:00-8:00 PM / Cadet Team Practice 6:30-7:30 PM

Thu, Nov 12 – Water Polo Swim Practice 7:00-8:30 PM

Fri, Nov 13 – Mid-Atlantic Coast Championship Tournament – Varsity Teams @ CMRC

Sat, Nov 14 – Mid-Atlantic Coast Championship Tournament – Varsity Teams @ CMRC / Speedo
Cup Tournament @ Ann Arbor, MI – TBA

Sun, Nov 15 – Speedo Cup Tournament @ Ann Arbor, MI – TBA

Mon, Nov 16 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM /
Speedo Cup Tournament @ Ann Arbor, MI – TBA

Tue, Nov 17 – Water Polo Swim Practice 7:00-8:00 PM

Wed, Nov 18 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM

Thu, Nov 19 – Water Polo Swim Practice 7:00-8:00 PM

Fri, Nov 20 - Youth/Junior Teams Practice 7:00-9:00 PM / Cadet Team Practice 7:00-8:00 PM

Sat, Nov 21 – OFF

Sun, Nov 22 – OFF

Mon, Nov 23 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM

Tue, Nov 24 – Water Polo Swim Practice 7:00-8:00 PM

Wed, Nov 25 – OFF Thanksgiving Holiday

Thu, Nov 26 – OFF Thanksgiving Holiday

Fri, Nov 27 – OFF Thanksgiving Holiday

Sat, Nov 28 – OFF

Sun, Nov 29 – OFF

Mon, Nov 30 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM

Tue, Dec 1 – Water Polo Swim Practice 7:00-8:00 PM

Wed, Dec 2 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM

Thu, Dec 3 – Water Polo Swim Practice 7:00-8:00 PM

Fri, Dec 4 - Youth/Junior Teams Practice 7:00-9:00 PM / Cadet Team Practice 7:00-8:00 PM

Sat, Dec 5 – OFF

Sun, Dec 6 – OFF

CMAC Water Polo 2009 Schedule



Mon, Dec 7 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM
Tue, Dec 8 – Water Polo Swim Practice 7:00-8:00 PM
Wed, Dec 9 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM
Thu, Dec 10 – Water Polo Swim Practice 7:00-8:00 PM
Fri, Dec 11 - Youth/Junior Teams Practice 7:00-9:00 PM / Cadet Team Practice 7:00-8:00 PM

Sat, Dec 12 – OFF
Sun, Dec 13 – OFF

Mon, Dec 14 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM
Tue, Dec 15 – Water Polo Swim Practice 7:00-8:00 PM
Wed, Dec 16 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM
Thu, Dec 17 – Water Polo Swim Practice 7:00-8:00 PM
Fri, Dec 18 - Youth/Junior Teams Practice 7:00-9:00 PM / Cadet Team Practice 7:00-8:00 PM

Sat, Dec 19 – Navy Invitational @ Naval Academy
Sun, Dec 20 – Navy Invitational @ Naval Academy

Mon, Dec 21 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM
Tue, Dec 22 – Water Polo Swim Practice 7:00-8:00 PM

Wed, Dec 23 – OFF Winter Break
Thu, Dec 24 – OFF Winter Break
Fri, Dec 25 – OFF Winter Break
Sat, Dec 26 – OFF Winter Break
Sun, Dec 27 – OFF Winter Break
Mon, Dec 28 – OFF Winter Break
Tue, Dec 29 – OFF Winter Break
Wed, Dec 30 – OFF Winter Break
Thu, Dec 31 – OFF Winter Break
Fri, Jan 1 – OFF Winter Break
Sat, Jan 2 – OFF
Sun, Jan 3 – OFF

Mon, Jan 4 - Youth/Junior Teams Practice 6:30-8:30 PM / Cadet Team Practice 6:00-7:00 PM